

SPIRITUAL COMPANIONS TRUST

1-Year Spirituality Training

An adventure in personal transformation

8 weekends in Glastonbury starting March 2019

**This is the UK's first mainstream accredited vocational course in spirituality
Diploma in Practical Spirituality and Wellness (Crossfields Institute Level 3)**

Benefits

PERSONAL DEVELOPMENT

More connection, compassion and consciousness.
Life-long strategies to support your health, wellbeing and relationships.

COMMUNITY

Study and share with like-minded souls.
Inclusive. Diverse. Visionary.
Pioneering.
Compassion in action.
Healing presence.

UNIVERSAL

The jewels in all traditions.
Person-centred:
What works for you?
What works for others?
Empowering.

HOLISTIC

Integrates mind-body-spirit.
Emotionally literate.
Grounded.
Science of spirituality and health.

PROFESSIONAL

Qualification is on Ofqual Register.
Value added to your cv. Investment for the future.
Keywords:
spirituality, health, mindfulness, wellbeing.
Become a registered Spiritual Companion and coach the Spiritual Health Programme.
Give pastoral care.

SUPPORT

Experienced facilitators/tutors who walk their talk.

'So much love and gratitude for the most phenomenal year. You have created something very powerful and I am in deep gratitude. To be part of a caring community of like minded and extremely supportive souls has been a joy and a gift.'

Susannah Moore, primary school teacher.

'Big thank you. I feel I've really benefitted from the whole programme. Its an initiative with real value and something truly ground-breaking.'

Paul Smith, university lecturer.

'I have grown in so many ways! This course has opened my eyes to a world and universe I never realised was so big. The awareness I have with how I behave and respond to my friends, family and clients and their response in return is just fantastic.'

Jo Creighton, holistic therapist.

Lead Tutor: SARAH JANE WILLIAMSON

Sarah Jane



Anna Bianchi



Phil Roberts



William Bloom



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